

Founded in 1861, the University of Washington is one of the foremost institutions of higher education in the nation, richly combining its research, instructional and public service missions.

Its internationally acclaimed faculty includes five Nobel laureates and the winner of the 1990 National Book Award for fiction. Washington is part of an elite group of research universities whose contributions to American life are unique because they generate the basic knowledge upon which practical innovations are based.

The UW student body on the Seattle campus totals about 39,000, with an undergraduate enrollment of approximately 25,000. The UW also has campuses in Bothell and Tacoma, designed primarily for upper division (junior and senior) undergraduates and master's level graduate programs. Total enrollment at these campuses is about 3,600.

For more than 30 years, the university has been among the country's top five institutions in the dollar value of federal research grants and contracts awarded to its faculty. In 2001, the most recent year for which that data has been collected, the UW ranked second overall and first among public universities. Total grant and contract activity for 2002 exceeded \$800 million. More than 80 percent of the university's grant and contract funds come from federal agencies. Research contributes directly to the educational goals of graduate and professional students, as well as to those of undergraduates.

Instruction and research at Washington are supported by a library system that is one of the most extensive in the nation, consisting of five major units and 18 branches, as well as libraries at UW Tacoma and UW Bothell, together housing more than five mil-

lion volumes. In addition to offering instruction in more than 100 academic disciplines, the university offers a spectrum of continuing education courses that advance technical and professional skills and provide opportunities for personal growth and enrichment.

Washington has 17 major schools and colleges: Architecture and Urban Planning, Arts and Sciences, Business Administration, Dentistry, Education, Engineering, Forest Resources, The Graduate School, The Information School, Law, Medicine, Nursing, Ocean and Fishery Sciences, Pharmacy, Public Affairs, Public Health and Community Medicine, and Social Work.

About 90 percent of the University's undergraduate students are state residents, although instructional programs draw students from every region of the country and overseas.

Most freshmen entering Washington are in the top quarter of their high school graduating classes. In



2002, the average incoming freshman boasted a 3.67 high school grade-point average and a combined 1,176 SAT I score.

Beyond its academic and service missions, the UW has a strong economic impact on Washington and the Pacific Northwest. With about 27,000 employees, Washington is the second-largest employer in King County. Washington operates the University of Washington Medical Center and Harborview Medical Center, which annually provide more than 200,000 days of patient care and record more than 300,000 visits to their outpatient clinics.

Washington also plays a critical role in attracting new business to the region. It provides these, and established businesses, with a steady stream of well-educated graduates and with highly skilled faculty members who assist business and industry in a variety



of ways.

The University of Washington in Seattle is located on 703 acres in the city's northeast residential area, a beautiful setting on the shores of Lake Washington and Portage Bay. The majestic Cascade Mountains can be seen to the east and the Olympics loom to the west, while the southern view includes downtown Seattle and Lake Union. The combination of this spectacular setting with buildings in both neo-Gothic and modern styles gives the campus a distinctive aura.

UW QUICK FACTS

School: University of Washington

Location: Seattle, Wash.

Founded: November 4th, 1861

Nicknames: Huskies, Dawgs, U-Dub

Colors: Purple and Gold

Web site: www.GoHuskies.com

Type: Public research university with campuses in Seattle, Tacoma, Bothell

Acreage (Seattle campus): 643 acres in north-central Seattle

Buildings (Seattle campus): more than 200 total

Governance: 10-member board of regents

Faculty: Approx. 6,000

Staff: Approx. 21,700

Alumni: Over 200,000

Enrollment: 42,974



Key Athletics Administrators

University President Mark Emmert



Mark A. Emmert became the 30th president of the University of Washington on June 14, 2004. An alumnus of the UW, Emmert seeks to expand the University's stellar national and international standing. With the UW already ranked as the leading public university in terms of research grants and contracts, Emmert hopes to work with faculty and staff to support continued growth of seminal research and to provide students with even greater educational opportunities.

Prior to returning to his alma mater, Emmert was chancellor of Louisiana State University for five years.

There, he developed and launched a comprehensive Flagship Agenda, a strategic plan to improve LSU's academic reputation and position it among the finest public universities in the country.

Before his appointment to LSU, Emmert served five years as Chancellor and Provost of the University of Connecticut. Previous to that, he was Provost and Vice President for Academic Affairs at Montana State University and held faculty and administrative positions at the University of Colorado.

Emmert has been an American Council on Education Fellow and a J.W. Fulbright Administrative Fellow. He is co-chair of the Prosperity Partnership and of the National Association of State Universities and Land-Grant Colleges' Board of Oceans and Atmosphere. He is also a member of the Puget Sound Partnership and the National Security Higher Education Advisory Board.

A 1975 graduate of the UW, where he majored in political science, Emmert received his doctoral and master's degrees in public administration from the Maxwell School of Syracuse University. He and his wife, DeLaine, are natives of Fife, Washington. They have two children, Steve and Jennifer.

Senior Associate Athletic Director Marie Tuite



Marie Tuite enters her 13th year as Senior Associate Athletic Director for Sports Programs and Student Services in 2005. She is also Washington's Senior Women's Administrator. During her first 12 years at Washington, the Huskies have enjoyed a tremendous amount of success.

Since her arrival at the UW, the Huskies have steadily improved in postseason appearances. In 1994-95, 15 of Washington's teams were represented in postseason competition. That number rose to 17 in 1995-96. In 1996-97 all 23 programs qualified or sent representatives to postseason play, and in 2000, five Husky teams earned

Pac-10 Championships.

Tuite, a native of Livonia, Mich., joined the Husky staff after serving as the Assistant Director of Championships for the National Collegiate Athletic Association. She was a liaison for the NCAA's sports committees in the administration and conduct of various championships. Her duties included working with host institutions, coordinating corporate sponsor programs, merchandising and promotions.

During her tenure at the NCAA, Tuite oversaw the administration of the Division I men's soccer championship, the Division I men's volleyball championship, the Division I women's gymnastics championship, the Division I women's softball College World Series and the 40-team Division III men's basketball championship. She also worked with the NCAA Division I women's lacrosse championship and the Division I swimming and diving championship.

Tuite is no stranger to the Pac-10 Conference. She served as the assistant women's athletic director at California from 1984-89. Her responsibilities included managing, developing and controlling fiscal policies for the department; supervising capital construction projects; management of home athletic events; supervision of the business office and support staff and insuring department compliance with university, NCAA and conference policies and procedures.

In 2001, Tuite began her five-year term of service as a member of the NCAA Division I Women's Basketball Committee. She is responsible for the organization and administration of the Pac-10 Conference Women's Basketball Tournament, and serves on the Senior Women's Television Committee.

A 1975 graduate of Central Michigan with a bachelor of science in physical education, Tuite lettered for the Chippewas in basketball and field hockey. In 1981 she earned her master of arts degree in athletic administration from Central Michigan. Tuite was inducted into the Central Michigan Hall of Fame in 1990. Tuite has two sons, Josh and Jake.

Athletics Director Todd Turner



William "Todd" Turner was named director of intercollegiate athletics at the University of Washington on June 19, 2004. The 54-year-old Turner is the 15th athletic director in Washington's history.

A veteran of 28 years as an athletics administrator, Washington is the fourth university where Turner has served as athletics director. He came to the UW after directing Vanderbilt's athletics program for the previous seven years. His position was dissolved in 2003 when the department was placed under the

direction of the Office of Student Athletics, Recreation and Wellness.

Turner previously held the position of athletics director at North Carolina State and of Connecticut. He also worked in athletics administration at Virginia.

As the director at Washington, Turner oversees one of the nation's most successful athletics programs. In his first year alone, two Husky teams won Pac-10 titles, while five UW coaches were named Pac-10 Coach of the Year. In addition, 12 of UW's 23 intercollegiate teams finished among the top-16 in the nation, and two Husky individuals won NCAA titles.

The UW athletic program finished 13th in the 2004-05 United States Sports Academy's Directors' Cup rankings. It includes 23 sport programs with a \$39.5 million annual budget. Approximately 650 student-athletes compete for Washington's athletic teams, while the department includes a staff of 195. In the most recent NCAA graduation report, Washington student-athletes graduated at 84 percent, slightly ahead of the graduation rate for all UW students.

A 1976 graduate of the Ohio University Sports Administration program, Turner received a Bachelor of Arts degree in religion from the University of North Carolina at Chapel Hill in 1973. He earned the Ohio University Graduate School's Distinguished Alumni Award in 1993.

Turner, a native of Raleigh, N.C., is married to the former Sara Newbold, also of Raleigh. They have four children: Kate, Allison, Molly, and Drew.

Executive Associate Athletic Director Jeff Compher



Jeff Compher enters his second year as UW's Executive Associate Athletic Director. Compher serves as the general manager for the Husky athletic department, coordinating the daily administrative operations of the department with special emphasis on the football, men's basketball, baseball and men's and women's crew programs, as well as the administrative operations that support those teams.

Compher also helps to develop long-range and annual operating plans, and chairs the senior management team, overseeing the operation of

all senior managers.

Prior to coming to Washington, Compher spent the previous four years as director of athletics at Western Carolina University, overseeing a department of 15 intercollegiate athletic programs and 300 student-athletes.

Compher initiated several major programs that significantly improved Western Carolina's overall program. During his tenure, the Catamounts built and renovated facilities totalling nearly \$15 million. He developed a private sports medicine partnership, created a former student-athlete organization and started a successful CHAMPS/Life Skills program. Compher developed and implemented a five-year strategic plan and led Western through the NCAA Certification process.

Compher worked with Todd Turner at Vanderbilt from 1996-2000. From 1998 to 2000, he served as senior associate director of athletics. He was responsible for all external components within the athletic department, including annual giving, media relations, marketing and promotions, corporate sponsorship sales, radio and television properties and broadcast rights and ticket sales.

Compher began his career as an assistant athletic director at North Carolina State from 1986 to 1992. He later worked at N.C. State Chancellor's office from 1993 to 1996.

Compher, 47, earned his bachelor of science in psychology from James Madison in 1980. He graduated from Shippensburg (Pa.) in 1982 with a master of science degree in counselling and student personnel services. He and his wife, Cathy, have two sons, C.J. and David. Compher is a native of Baltimore.

The last decade or so has been the most successful stretch ever in Washington athletics history as each of the 23 programs in the department have fielded successful teams and many have reached the highest points in their teams' history. In 2005-06, the UW finished in the top 20 for the fifth time in six years in the Director's Cup Standings, a ranking that judges an athletic department's overall success.

Here's a look at the recent success of the University of Washington teams.

- Five National Championships in 2005-2006, including team titles in women's volleyball, IRA Championships for men's crew in the Freshman Eight and Open Four boats, and individual track and field titles for Amy Lia in the 1,500-meters and Ryan Brown in the 800-meters.
- Women's volleyball team won first team title in school history and consecutive Pac-10 Championships in 2004 and 2005 ... ranked No. 1 much of 2004 ... made 2004, 2005 & 2006 Final Four ... 2003 NCAA Women's Volleyball Tournament quarterfinalists ... 1997 NCAA round of 16 and 1996 participant ... made NCAA tourney second round in 2002.
- Volleyball coach Jim McLaughlin named national Coach of the Year in 2004 and 2005 Pac-10 Coach of the Year for the third time in four seasons.
- Four All-Americans on Husky volleyball squad, including Courtney Thompson, who also became the first Husky in any sport to win the Honda Award, given to the top women athletes in 12 NCAA-sanctioned sports.
- 1997, 1998 and 2001 NCAA Women's Crew national champions and runner-up in 1999, 2000, 2002 ... has finished in the top 10 in all 10 NCAA championships ever.
- Softball team advanced to College World Series in seven of last 12 seasons and to the regionals in 14 in a row; finished as national runner-up in 1996 and 1999.
- 1996 and 2000 Pacific-10 Conference softball champions.
- Men's and Women's Soccer both won Pac-10 Championship in 2000.
- NCAA Men's Soccer Tournament in nine of the last 11 seasons; NCAA No. 1 seed in 1996.
- NCAA Women's Soccer Tournament in 1994, 1995, 1996, 1998, 2000, 2001 and 2003, 2004 ... Pac-10 player of the Year in 2001, 2003 and 2004 ... NCAA Elite Eight in 2004.
- 2001, 2002, 2003, 2005 and 2006 NCAA Men's Tennis Round of 16 and second round in 2004; NCAA team participant in each of last 12 seasons; NCAA individual semifinalist in 1998 and 2003.
- NCAA Women's Tennis Regional participant in nine of the last 10 seasons; NCAA Round of Eight in 2001 and 2004; 11 individual All-Americans in last seven seasons.
- Men's and Women's Tennis both ranked in top 25 the last six years.
- 1997 Men's Intercollegiate Rowing Association national champions and 1998 runner-up. Freshmen national champions in 2001 and 2002, varsity four champs in 2002, 2004 and 2005 and junior varsity eight champions in 2004 and 2005.
- Men's golf finished third at 2005 NCAA Championships (highest ever) and had the national individual champion in 2005.
- NCAA Men's Golf Championships participant the last seven seasons ... 4th in NCAA in 2001, 11th in 2002, sixth in 2004, ninth in 2006.
- Women's Golf finished sixth at 2006 NCAA Championships and had the Pac-10 medalist and NCAA West Regional champion.
- NCAA Women's Golf Championships participant each of last nine years; 16th in the nation in 2001, 20th in 2002, sixth in 2004, 14th in 2005 and sixth in 2006.

Washington Athletics Highlights



Washington won the 2005 NCAA Championship in women's volleyball.

- 1998 NCAA Gymnastics Regional champions; 1997 & 1998 NCAA team championships ... gymnasts have competed in postseason 24 of last 25 seasons.
- Consecutive NCAA Sweet 16 appearances for Men's Basketball in 2005 and 2006 ... 2005 No. 1 seed in NCAA Men's Basketball Tournament ... 1998 NCAA Men's Tournament Sweet 16 and 1999 tournament appearance ... second-place finish in Pac-10 in 2004, when team made NCAA tournament ... won 2005 Pac-10 Tournament championship.
- NCAA Women's Basketball Championship participant, 1997, 1998, 2001, 2003 and 2006.
- Women's Basketball reached NCAA elite eight in 2001.
- 1997 & 1998 Baseball Pac-10 champions ... seven NCAA regional trips in last 13 years ... made it to regional championship game five times since 1994 ... until 2005, only team from the Northwest to make NCAAAs since 1991 ... Pac-10 Pitcher of the Year and Freshman of the Year in 2004 ... Pac-10 Pitcher of the Year and Golden Spikes Award Winner in 2006.
- NCAA Women's Cross Country Championships: 23rd in 2004, 19th in 2003, 13th in 1999, 9th in 1998 and 14th in 1997 ... women have made NCAAAs eight of last 10 seasons ... Tori Tyler Pac-10 Newcomer of the Year in 2005.
- NCAA Men's Cross Country West Regional Championships, 1998 through 2005 ... 12th at NCAA nationals in 2006 ... three-straight first-team All-Pac-10 performers.
- Track & Field has produced at least one NCAA Champion for four straight years ... 19 All-America honors in 2006 and 16 in 2005 ... men's team was 22nd, while women's team was 20th at NCAA Championships in 2006.
- Indoor Track: UW men won MPSF Indoor Conference title in 2006 ... Greg Metcalf was named MPSF Coach of the Year ... men's team 19th at NCAA Indoor Championships ... nine combined men's and women's indoor All-Americans.
- Huskies have won five NCAA track titles in last four years, including Ryan Brown (800m) and Amy Lia (1500m) in 2006, Kate Soma (PV) in 2005, and Brad Walker (PV) in 2003 and 2004 ... Walker is world's No. 1-ranked men's vaulter, while assistant coach Aretha Thurmond is a three-time U.S. discus champ.
- Husky Football team finished 11-1 and won the Pac-10 in 2000 before winning the 2001 Rose Bowl and finishing No. 3 in the final national rankings.
- Football team has appeared in a bowl game eight of the last 11 years.
- Women's swim team finished best-ever 19th at 2003 NCAAAs ... men finish 25th at 2004 NCAA Tournament, their best finish since 1978.
- Both men's and women's swim teams set school records for wins in 2001-02.

Excellence in Coaching



BASEBALL Ken Knutson

Three-time Pac-10 North Coach of the Year (1996-97-98) ... Led UW to Pac-10 Conference titles in 1997 & 1998 ... NCAA appearances in six of last 13 seasons... Has had 64 players go professional.



MEN'S BASKETBALL Lorenzo Romar

Led his alma mater to NCAA tournaments in 2004, 2005 and 2006 ... No. 1 seed in 2005 tourney ... 2005 Pac-10 coach of the year ... Led UW to Pac-10 tournament title in 2005 ... Lettered for UW 1979-80.



WOMEN'S BASKETBALL June Daugherty

Assistant Coach at U.S. Olympic Festival in 1995 ... First-team All-American selection as a player in 1978 ... led UW to Pac-10 title and NCAA Elite Eight in 2001 ... also NCAAs in 1997, 1998, 2003 and 2006.



MEN'S CREW Bob Ernst

Head Coach U.S. National Team (1976-88) ... Coach of 1984 Gold Medalist U.S. Team ... Coached UW women to six national titles ... Led men to 1997 national title ... 10-time Pac-10 Coach of the Year.



WOMEN'S CREW Eleanor McElvaine

Named women's crew coach in summer, 2003 ... member of Husky Hall of Fame as a rower ... coached 2001 U.S. Junior women to world championship ... coached four UW varsity 4s to NCAA titles.



FOOTBALL Tyrone Willingham

Named the Husky coach in Dec., 2004 ... while at Stanford, was a two-time Pac-10 Coach of the Year in 1997 and 1999 ... National Coach of the Year and Sporting News Sportsman of the Year in 2002.



WOMEN'S GOLF Mary Lou Mulflur

Pac-10 Coach of the Year in 1988 and 1999 ... Played in the U.S. Open in both 1979 and 1980 ... NCAA Tournaments in 1995 and 1997 through 2006 ... has coached 23 All-Scholar-Athlete team members.



MEN'S GOLF Matt Thurmond

Led Huskies to 6th place at 2004 NCAAs and 3rd in 2005 ... Won Pac-10 Coach of the Year in 2005 ... won 2005 Pac-10 title and coached NCAA individual champ in '05 ... Coached UW to regional title in '02.



GYMNASTICS Joanne Bowers

Named UW head coach in June of 2006 ... while an assistant at Michigan coached 13 All-Americans ... a four-time letterwinner and two-time captain as a player at James Madison.



MEN'S SOCCER Dean Wurzbarger

Head Coach for U.S. Under-16 National Team in 1999 ... 1999 MPSF and 2004 Pac-10 Coach of the Year ... Led UW to MPSF title in 2000 ... NCAAs in 1992, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2003 and 2004.



WOMEN'S SOCCER Leslie Gallimore

National Coach of the Year in 2000 ... 1994 West Region Coach of the Year ... Entered Cal Hall of Fame in 1995 ... NCAA appearances in 1994, 1995, 1996, 1998, 2000, 2001, 2003 & 2004 ... NCAA Elite Eight in 2004.



SOFTBALL Heather Tarr

Former Husky player who took over the Washington program in July of 2004 ... was an assistant at Pacific for six years ... an All-Pac-10 as a Husky in 1996 and 1997 ... a three-time Pac-10 All-Academic selection.



SWIMMING Whitney Hite

Named UW head coach in September of 2006 ... Was an assistant with the California women helping the Golden Bears to three top-8 national finishes ... Won three NCAA women's titles as assistant with Georgia.



MEN'S TENNIS Matt Anger

Led UW to "Sweet 16" appearances in 2001-03, 2005 and 2006 ... Led UW to NCAAs in each of the last 12 years ... Highest national ranking No. 6 in 2001 ... won 2005 Pac-10 team title.



WOMEN'S TENNIS Jill Hultquist

Former UW asst. named head coach in Aug. ... 2001 national assistant coach of the year ... played on WTA pro tour from 1987-97, ranking as high as No. 6 in the world in doubles ... four-time All-American.



TRACK & FIELD Greg Metcalf

The 2006 MPSF Coach of the Year ... Led the men's indoor track team to the 2006 MPSF Championship ... Has coached two NCAA Champions and 42 All-Americans as head coach.



VOLLEYBALL Jim McLaughlin

Coached volleyball Ito first NCAA title in 2005... 2004 National Coach of the Year ... Three-time Pac-10 Coach of the Year (2002, '04, '05) ... Led UW to 2004 NCAA Final Four and Pac-10 title ... won men's NCAA title in 1990 at USC.



Opened in May of 2005, the state-of-the-art Conibear Shellhouse and Student Services Building houses Washington's academic tutoring offices, as well as study and dining halls.

The University of Washington is committed to promoting student athletic achievement as a complement to the greater academic mission of the University. Recognizing this commitment, the staff of Student-Athlete Academic Services (SAAS) assists student-athletes through a variety of academic and life-skills programs that address the needs of a diverse population.

The primary goal of SAAS is to help student-athletes develop their academic potential and achieve success in reaching their academic goals. The staff of SAAS works closely with faculty, coaches, student services and University administration to help student-athletes balance

the demands of academics and athletics.

In addition to its role as a direct academic service provider, Student-Athlete Academic Services also strives to make student-athletes aware of the various services and resources available to them at the University, and to help them make the best use of these resources.

In addition to classroom effort, the SAAS staff of Academic Advisors, Academic Coordinators, a Tutorial Coordinator and a Learning Specialist recognize that a student-athlete's academic performance is influenced by a number of factors, including individual learning styles; satisfaction with his or her choice of major; personal and

social life; as well as athletic standing.

Because of these various influences, SAAS directly assists student-athletes with matters pertaining to:

- Academic Planning and Advising
- Tutorial and Specialized Classroom Support
- Personal Counseling
- Admissions
- Financial Aid

In addition to these services, SAAS houses a computing center for student-athlete use.

In the spring of 2005, SAAS moved its operations into the state-of-the-art Conibear Shellhouse and Student Services Building, among the finest student-athlete academic support facilities in the nation. In addition to housing the crew house and student dining facilities, the new building features state-of-the-art computer lab facilities, large study tables and small-group tutoring spaces, a student lounge, and staff offices.

With its central location in the UW athletic department, close to all of Washington's athletic practice facilities, the new academic center is an outstanding resource for student-athletes, helping them reach for the same standard of excellence in academics as is sought in athletics.

Visit Student-Athlete Academic Services online at:
<http://depts.washington.edu/saas/>



Student-Athlete Academic Services

Senior Associate Athletic Director for Compliance: John Morris (3rd year)
Office Phone: (206)543-4621 Email: jgmorris@u.washington.edu

Associate Athletic Director for Student Development: Kim Durand (2nd year)
Office Phone: (206)221-3551 Email: durand@u.washington.edu

Assistant Director for Academic Coordinators: Rick Mulcahy (10th year)
Office Phone: (206) 616-2407 Email: rsm@u.washington.edu

Assistant Director for Academic Advisors: Rob Post (16th year)
Office Phone: (206) 543-0610 Email: rpost@u.washington.edu

Assistant Director for Learning Resources: Pam Robenolt (8th year)
Office Phone: (206) 616-2351 Email: proben@u.washington.edu

Financial Aid Coordinator: Robin Chang (3rd year)
Office Phone: (206) 616-2808 Email: robinc@u.washington.edu

Continuing Eligibility/Compliance Coordinator: MaryAnn Emery (7th year)
Office Phone: (206) 543-2290 Email: maemery@u.washington.edu

Initial Eligibility/Housing Coordinator: Shawn Farrell (3rd year)
Office Phone: (206) 543-6468 Email: smf6@u.washington.edu

Counseling Services Coordinator: Alafiani Washington (5th year)
Office Phone: (206) 543-2427 Email: icatutor@u.washington.edu

Life Skills Coordinator: Ashlee Anderson-Ching
Office Phone: (206) 543-3709 Email: ada@u.washington.edu

Senior Counselor Mentor: Gertrude Peoples (36th year)
Office Phone: (206) 616-2447 Email: gpeoples@u.washington.edu

Compliance Assistant: Robyn Hefner (1st year)
Office Phone: (206)543-0981 Email: hefnerr@u.washington.edu

Administrative Assistant, SAAS: Suzanne Anderson (15th year)
Office Phone: (206) 543-0611 Email: suzy@u.washington.edu

Academic Advisors: Eric Davis, TBA

Academic Coordinators: Rod Jones, Carrie Bayless, Ink Aleaga, Bruce Hilliard



Washington's tutors and other academic services employees are committed to providing student-athletes the learning tools with which to build success in their academic and post-collegiate employment careers.

Sports Performance & Health

Washington's Sports Performance program is headquartered in the 12,000-foot weight room facility that houses a balance of machine apparatus and free weights as well as a variety of modern fitness equipment.

The spacious room is equipped with some 15,000 pounds of Olympic weights, 34 Olympic bars, eight Olympic benches, six incline benches, three military benches, three knee extension and hamstring curl machines, eight Olympic power racks, 60 pairs of dumbbells, six exercise bikes and three Stairmasters, as well as numerous other cutting edge apparatus.

The weight room, housed in the Graves Annex Building (which also contains the football coaches' offices as well as offices for most other sports' coaches), doubles UW's previous workout space and resources. Planned fitness programs are aided by computerized training and evaluations, video instruction, a plyometric testing area, and a sauna and jacuzzi. Apparatus representing the latest technology in fitness and strength training are continually being added to the weight room, ensuring that Husky athletes have every opportunity to excel.

Located near all of the athletes' locker rooms and practice and competition venues, the weight room is a convenient stop during the student-athletes' busy days.

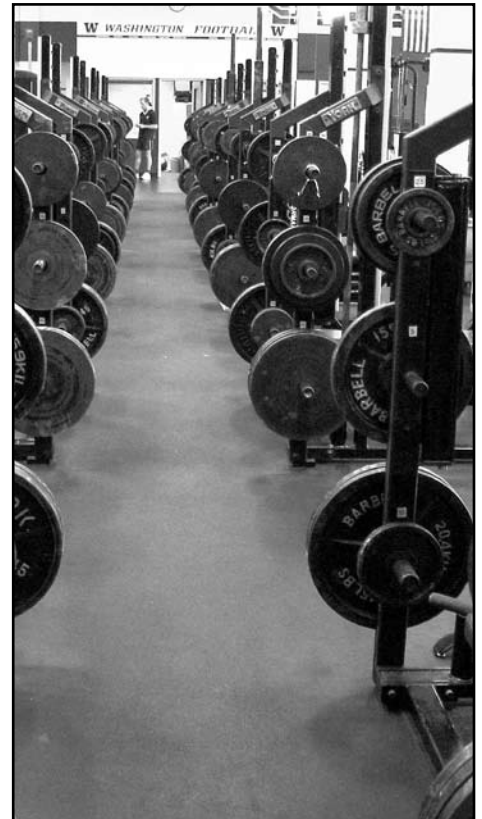
A long list of Husky athletes have been voted to the National All-Strength Team.

Washington's Sports Performance staff consists of seven full-time certified athletic trainers, 12 student trainers and a staff of seven doctors, all working to help provide the 700-plus Husky student-athletes the best available medical care. In addition, a network of other specialists – dentists, optometrists, etc. – are all available for any of the UW student-athletes' needs.

University of Washington Sports Medicine, located in Bank of America Arena, provides medical and orthopaedic care for the Husky athletes as well as the Seattle community. UWSM physicians include Drs. Roger Larson, John O'Kane, Trey Green, Kim Harmon, Jon Drezner, Carol Teitz, Chris Wahl and Monique Burton. They are all fellowship trained in sports medicine and have faculty appointments and clinical practices at the UW.

The physical health and safety of all Washington student-athletes is of paramount importance to all Husky coaches and medical personnel.

To that end, the Husky training staff vigilantly continues the educational process, keeping informed on all of the various advancements in the field of sports medicine.



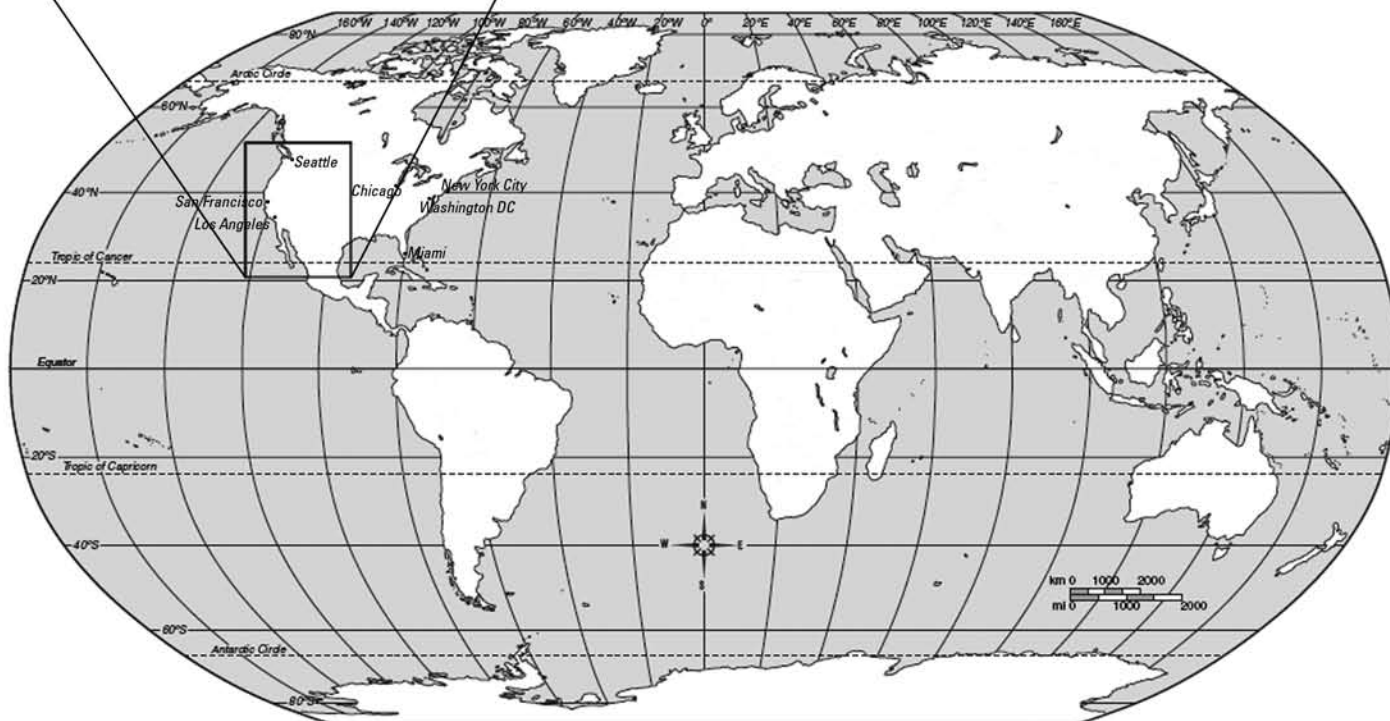
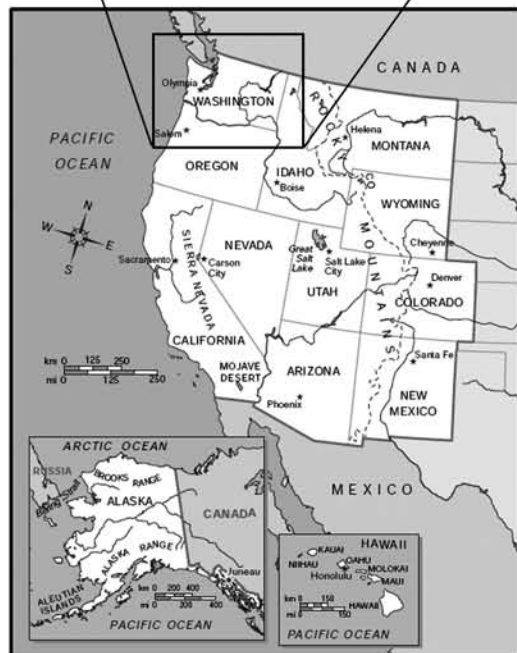
Seattle: The Emerald City

University of Washington students are fortunate to be located in one of the most exciting cities in the country. Known primarily for its panoramic beauty, coffee-drinking, software, internet and aerospace industries, Seattle is truly a unique place to live. From its pioneering and Native American heritage to its modern international influences, the city represents a diverse mix of cultures and ethnic communities. Sports lovers can enjoy a variety of activities year-round, including hiking, kayaking and climbing, while rubbing elbows with some of the world's top professional athletes, including the Mariners' Ichiro, the Seahawks' Shaun Alexander, and the Sonics' Ray Allen. For those who favor a more contemporary and cosmopolitan lifestyle, the world-famous Pike Place Market, downtown shopping, museums, musical venues and award-winning dining are all just around the corner when strolling the city streets.



Where is Seattle, Washington?

The city of Seattle is in Washington state, in the northwest corner of the United States. Those unfamiliar with this region might confuse Washington state with Washington D.C., the country's capital, which is in the East Coast of the US.



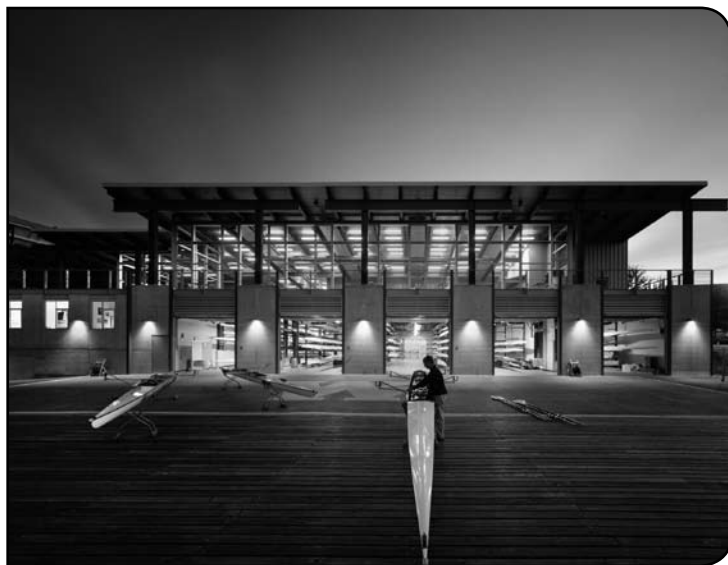
Conibear Shellhouse

The Conibear Shellhouse is located on the shores of Lake Washington and has served as "home" for Husky Crew since it was constructed in 1949. A number of facelifts have occurred over the years, but now the facility has undergone a stunning, complete renovation. Every space was totally re-done and updated, increasing space by 75 percent to 47,250 square feet.

The project included new team ergometer training rooms, locker rooms, improved offices and

workspace and an additional shell storage bay. The new building features legend and lore. Items like the Captain's plaques, the letterwinner wall and the bronze presentations of Hiram Conibear, George Pocock, Al Ulbrickson and Dick Erickson are prominently displayed in the facility.

The Conibear Shellhouse renovation will enable future generations of Husky rowers to train and create unforgettable memories unequalled by any other sport or university.



Photos of Conibear Shellhouse courtesy of Nic Lehoux